

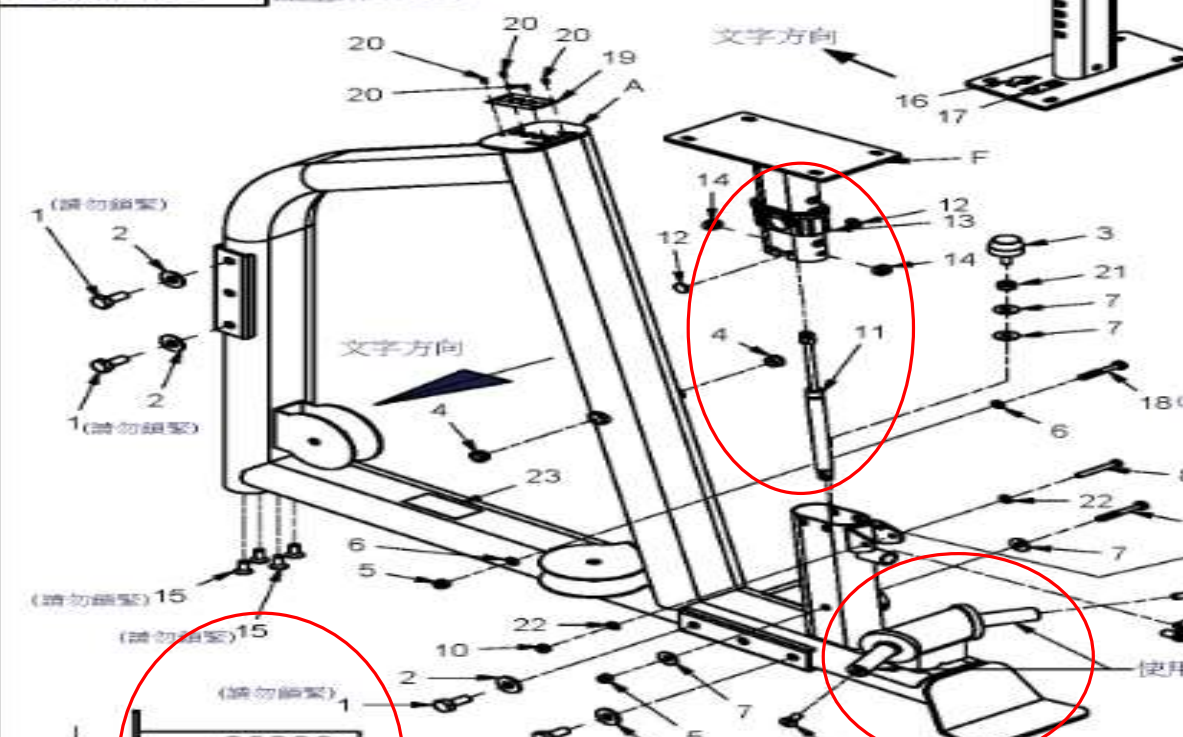
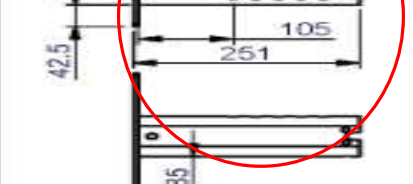
*MBP100 Maintenance

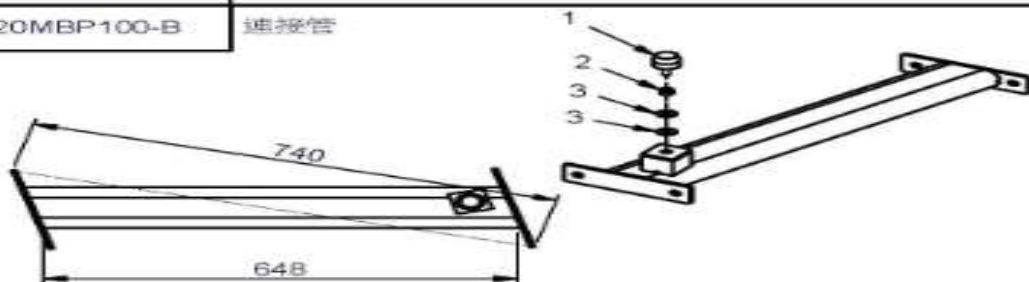
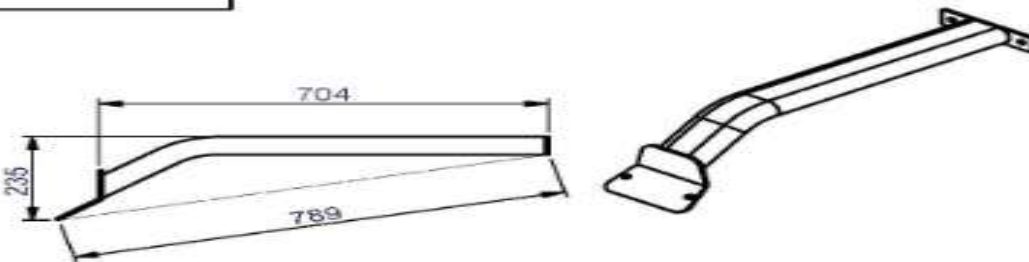
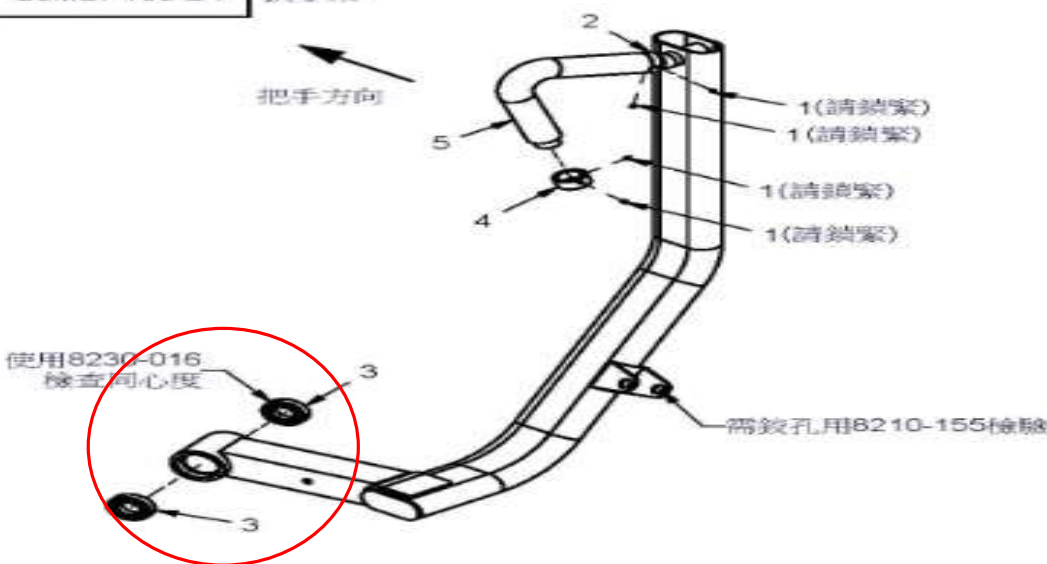


* Customers can put some grease on pivot points (red circle place), with brass or gunmetal bushings.

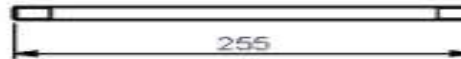
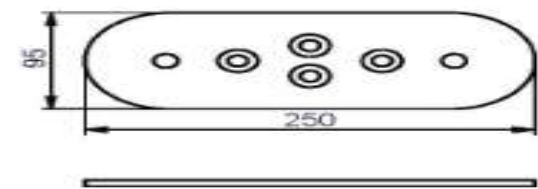
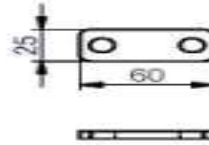


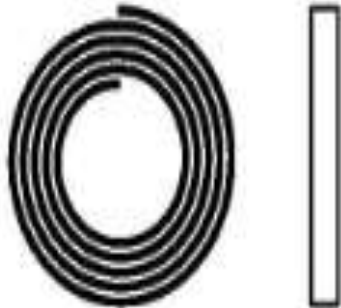
* Let's maintain your machine!

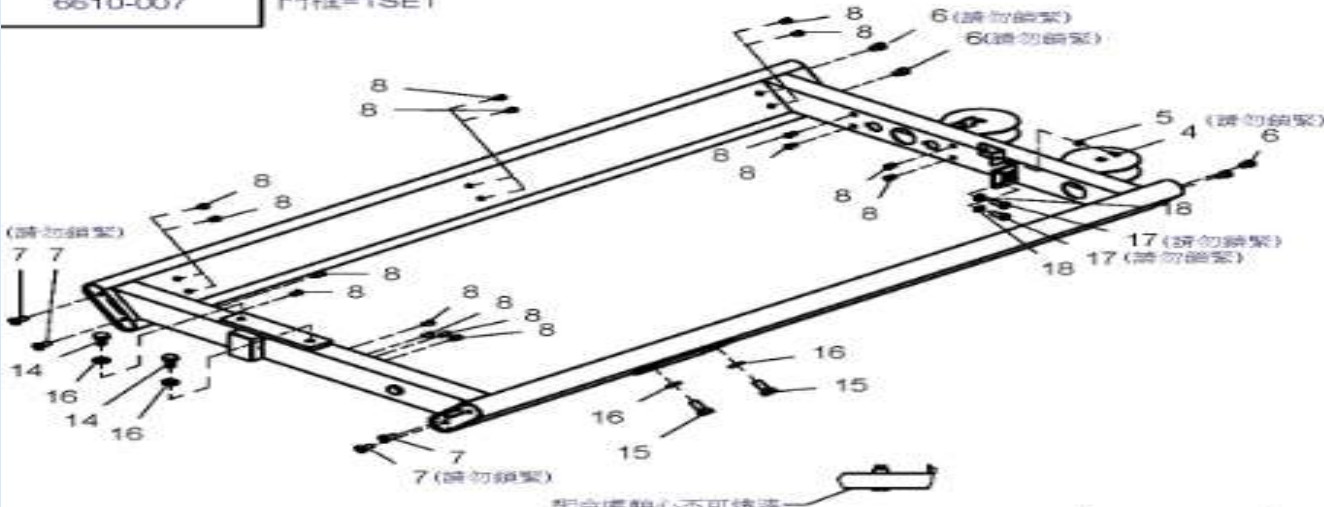
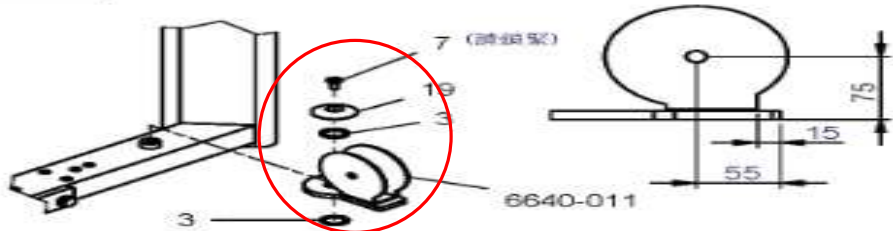
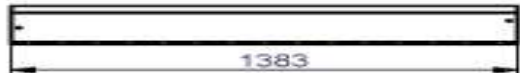
零件代碼	品名及圖案	用量	備註				
20MBP100-A 20MBP100-F	主架X1SET 座墊架X1SET 		1.組立1/2"-1-1/4"L 一般外六角螺絲=4PCS 2.組立1/2"華司34邊=4PCS 3.組立9310-018阻擋墊=1PCS 4.組立8520-001銅套=2PCS 5.組立3/8"尼帽=2PCS 6.組立3/8"華司16邊=2PCS 7.組立3/8"華司27邊=4PCS 8.組立M8X60L 半圓頭內六角螺絲=1PCS 9.組立3/8"X2-1/2"L 一般外六角螺絲=1PCS 10.組立M8尼帽=1PCS 11.組立8830-027氣壓棒=1PCS 12.組立9211-036按扣墊=2PCS 13.組立9211-107雙層套=1PCS 14.組立9211-118按扣墊=2PCS 15.組立M10X25L 錐形平頭內六角螺絲=6PCS 16.貼9440-055座地貼紙=1PCS 17.貼"工單貼紙"=1PCS 18.組立3/8"X2-1/4"L 一般外六角螺絲=1PCS 19.組立9440-225調整貼紙=1pcs 20.組立435(4-3)拉釘=4PCS 21.組立3/8"螺帽=1PCS 22.組立M8華司16邊=2PCS 23.貼9440-323認證貼紙=1PCS 管內不可烤漆 使用8510-018軸承檢驗				
6680-006 280226	扶手組  國邦790-49153F1HT-深灰	1SET	依定單需求 <table><tr><td>MBP-100</td><td>國產O-200S-閃銀 二塗二烤</td></tr><tr><td>MBP-100W</td><td>國產-亮光 白色770-2263TL</td></tr></table> 設變單號 2012120009	MBP-100	國產O-200S-閃銀 二塗二烤	MBP-100W	國產-亮光 白色770-2263TL
MBP-100	國產O-200S-閃銀 二塗二烤						
MBP-100W	國產-亮光 白色770-2263TL						

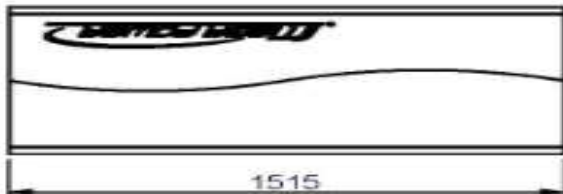
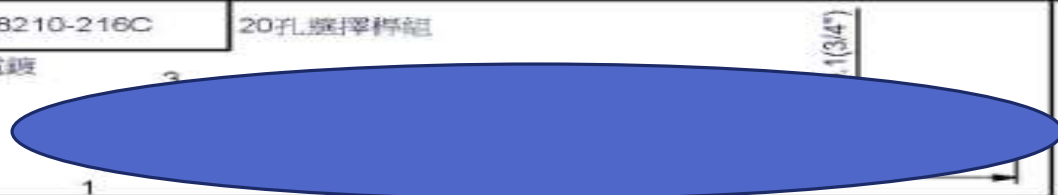
零件代碼	品名及圖案	用量	備註				
20MBP100-B	連接管 	1SET	1.組立9310-018阻擋墊=1PCS 2.組立3/8"螺帽=1PCS 3.組立3/8"華司Ø27=2PCS 依定單需求 <table><tr><td>MBP-100</td><td>國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤</td></tr><tr><td>MBP-100W</td><td>國邦-亮光 白色770-2263TL</td></tr></table>	MBP-100	國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤	MBP-100W	國邦-亮光 白色770-2263TL
MBP-100	國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤						
MBP-100W	國邦-亮光 白色770-2263TL						
20MBP100-C	連接管 	1SET	設變車號 2013090008 依定單需求 <table><tr><td>MBP-100</td><td>國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤</td></tr><tr><td>MBP-100W</td><td>國邦-亮光 白色770-2263TL</td></tr></table>	MBP-100	國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤	MBP-100W	國邦-亮光 白色770-2263TL
MBP-100	國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤						
MBP-100W	國邦-亮光 白色770-2263TL						
20MBP100-D1	扶手架 	1SET	1.組立3/16"X3/16"沈頭螺絲=4PCS 2.組立8130-250束子=1PCS 3.組立8510-018軸承=2PCS 4.組立8890-006鎖套=1PCS 5.組立9162-108 PVC浸漬把手 Ø24X5TX310L=1PCS 依定單需求 <table><tr><td>MBP-100</td><td>國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤</td></tr><tr><td>MBP-100W</td><td>國邦-亮光 白色770-2263TL</td></tr></table>	MBP-100	國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤	MBP-100W	國邦-亮光 白色770-2263TL
MBP-100	國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤						
MBP-100W	國邦-亮光 白色770-2263TL						

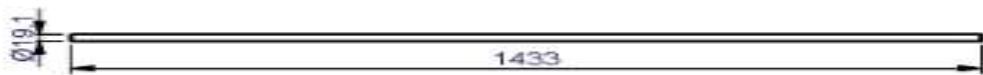
零件代碼	品名及圖案	用量	備註				
20MBP100-E1	扶手架 	1SET	1.組立3/16"X3/16"沈頭螺絲=4PCS 2.組立8130-250車子=1PCS 3.組立8510-018軸承=2PCS 4.組立8890-006鐵套=1PCS 5.組立9162-108 PVC浸漬把手 Ø24X5TX310L=1PCS 設變單號 2013090002 設變單號 2013090008 依定單需求 <table><tr><td>MBP-100</td><td>國聯0-200S-閃銀 國聯KL-0109-透明 二塗二烤</td></tr><tr><td>MBP-100W</td><td>國邦-亮光 白色770-2263TL</td></tr></table>	MBP-100	國聯0-200S-閃銀 國聯KL-0109-透明 二塗二烤	MBP-100W	國邦-亮光 白色770-2263TL
MBP-100	國聯0-200S-閃銀 國聯KL-0109-透明 二塗二烤						
MBP-100W	國邦-亮光 白色770-2263TL						
6650-004 6680-005(280225)	背墊架 扶手組 	1SET	1.組立8250-120調整組=1PCS 2.組立8520-001鋼套=4PCS 3.組立8260-057(M8)螺絲=1PCS 4.組立M8吊帽=2PCS 5.組立M8墊圈16邊=2PCS 6.組立M8X65L 圓頭內六角螺絲=1PCS 6650-004背墊架 依定單需求 <table><tr><td>MBP-100</td><td>國聯0-200S-閃銀 國聯KL-0109-透明 二塗二烤</td></tr><tr><td>MBP-100W</td><td>國邦-亮光 白色770-2263TL</td></tr></table> 6680-005扶手組 國邦790-49153F 1HT-深灰	MBP-100	國聯0-200S-閃銀 國聯KL-0109-透明 二塗二烤	MBP-100W	國邦-亮光 白色770-2263TL
MBP-100	國聯0-200S-閃銀 國聯KL-0109-透明 二塗二烤						
MBP-100W	國邦-亮光 白色770-2263TL						
20MBP100-F	座墊架 	1SET	依定單需求 <table><tr><td>MBP-100</td><td>國聯0-200S-閃銀 國聯KL-0109-透明 二塗二烤</td></tr><tr><td>MBP-100W</td><td>國邦-亮光 白色770-2263TL</td></tr></table> 20MBP100-F 20MLM300-H 20MPD700-F共用	MBP-100	國聯0-200S-閃銀 國聯KL-0109-透明 二塗二烤	MBP-100W	國邦-亮光 白色770-2263TL
MBP-100	國聯0-200S-閃銀 國聯KL-0109-透明 二塗二烤						
MBP-100W	國邦-亮光 白色770-2263TL						

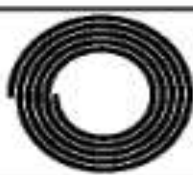
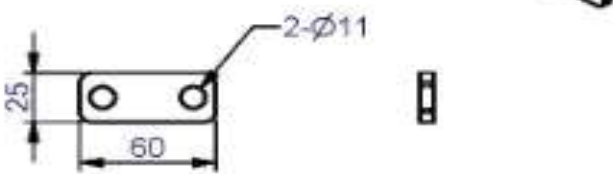
零件代碼	品名及圖案	用量	備註				
6640-009	單吊輪座    HLMBP100A	2SET	1.組立M10X25L 半圓頭內六角螺絲=4PCS 2.組立M10彈簧華司=4PCS 依定單需求 <table><tr><td>MBP-100</td><td>國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤</td></tr><tr><td>MBP-100W</td><td>國邦-亮光 白色770-2263TL</td></tr></table>	MBP-100	國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤	MBP-100W	國邦-亮光 白色770-2263TL
MBP-100	國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤						
MBP-100W	國邦-亮光 白色770-2263TL						
6640-010	擺動片 (請鎖緊)  HLMBP100A	2SET	1.組立M8X8L鍍形沈頭螺絲=4PCS 2.組立8510-047魚眼軸承=2PCS 3.組立M10X25L 半圓頭內六角螺絲=4PCS 4.組立M10彈簧華司=4PCS 依定單需求 <table><tr><td>MBP-100</td><td>國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤</td></tr><tr><td>MBP-100W</td><td>國邦-亮光 白色770-2263TL</td></tr></table>	MBP-100	國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤	MBP-100W	國邦-亮光 白色770-2263TL
MBP-100	國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤						
MBP-100W	國邦-亮光 白色770-2263TL						
8210-155	鍍鉻黑  需使用8510-047測試	2SET	1.組立M10X16L 半圓頭內六角螺絲=4PCS 2.組立M10華司27邊=4PCS HLMBP100A Ø5/8"x49L				
8260-069	雙頭螺絲  255	1PCS	 HLMBP100A Ø12.7x255L				
 8313-144固定片 95X6TX250L=1PCS							
 8311-117固定片 60X25X6T=4PCS							
HLMBP100A 左列零件烤漆顏色: 依定單需求 <table><tr><td>MBP-100</td><td>國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤</td></tr><tr><td>MBP-100W</td><td>國邦-亮光 白色770-2263TL</td></tr></table>				MBP-100	國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤	MBP-100W	國邦-亮光 白色770-2263TL
MBP-100	國麗0-200S-閃銀 國麗KL-0109-透明 二塗二烤						
MBP-100W	國邦-亮光 白色770-2263TL						

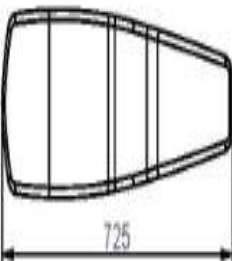
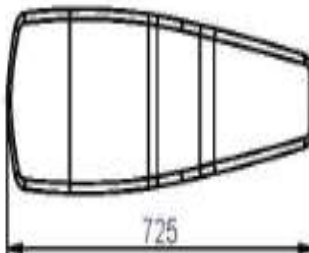
零件代碼	品 名 及 圖 案		用量	備 註
FMBP100A FMBP100B	2780mm-平面皮帶 1350mm-平面皮帶		各1PCS	HLMBP100A
GMBP100A	螺絲包		1SET	HLMBP100A
23MBP100A	附件包	23MBP100WA 附件包	1SET	HLMBP100A
25MBP100A	皮帶輪包		1SET	HLMBP100A
9420-097	MBP100動作圖銘板		1PCS	9630-126氣泡袋X1 160X460XB-平口
KMBP100	說明書		1SET	

零件代碼	品 名 及 圖 案	用量	備 註				
6610-007	門框=1SET 		3.組立8520-006鋼螺絲=2PCS 4.組立M6X12L 半圓頭內六角螺絲=1PCS 5.組立M6螺絲Ø13=1PCS 6.組立M10X12L 圓頭內六角-CAP螺絲=4PCS 7.組立M10X25L 鉸形內六角螺絲=5PCS 8.組立M6拉帽 (身體有花)=16PCS 14.組立1/2"X1"L 一般外六角螺絲=2PCS 15.組1/2"X1-1/4"L 一般外六角螺絲=2PCS 16.組立1/2"華司Ø25=4PCS 17.組立M10X25L 半圓頭內六角螺絲=2PCS 18.組立M10鋼管螺絲=2PCS 19.組立8130-231端蓋=1PCS				
6640-011	車吊輪座 	1SET	依定單需求 <table><tr><td>MBP-100</td><td>國聯0-200S-閃銀 國聯KL-0109-透明 二邊二碼</td></tr><tr><td>MBP-100W</td><td>國邦-亮光 白色770-2263TL</td></tr></table>  需鉸孔Ø25.4	MBP-100	國聯0-200S-閃銀 國聯KL-0109-透明 二邊二碼	MBP-100W	國邦-亮光 白色770-2263TL
MBP-100	國聯0-200S-閃銀 國聯KL-0109-透明 二邊二碼						
MBP-100W	國邦-亮光 白色770-2263TL						
9220-052	護網 壓克力護網 透明黑 	1PCS	1.貼9440-117防夾手貼紙=1PCS				
9220-016	護網 壓克力護網 透明黑 	1PCS	設變車號 2019030002				

零件代碼	品名及圖案	用量	備註				
9220-023 壓克力護網 透明黑	護網 	1PCS	設變單號 2016010001				
9211-148	上蓋 	1SET	1. 貼9441-370=2PCS 鋁標(Steelflex)				
8400-033	選擇上片 	1SET	HLMBP100B				
8210-216C 電鍍	20孔選擇桿組 	1SET	1. 組立8260-076固定桿=1PCS 2. 組立8210-216 20孔選擇桿=1PCS 3. 組立1/2\"				
8331-057	L型片 	4SET	1. 組立M6X12L 半圓頭內六角螺絲=4PCS 2. 組立M6華司Ø13=4PCS 依定單需求 <table><tr><td>MBP-100</td><td>國產0-200S-閃銀</td></tr><tr><td>MBP-100W</td><td>國邦-亮光 白色770-2263TL</td></tr></table>	MBP-100	國產0-200S-閃銀	MBP-100W	國邦-亮光 白色770-2263TL
MBP-100	國產0-200S-閃銀						
MBP-100W	國邦-亮光 白色770-2263TL						
8313-169 電鍍	固定片 	1PCS	1. 組立M10X25L 半圓頭內六角螺絲=2PCS 2. 組立M10彈簧華司=2PCS HLMBP100B				

零件代碼	品 名 及 圖 案	用量	備 註								
8331-058	L型片 	3SET	1.組立M6X12L 半圓頭內六角螺絲=3PCS 2.組立M6華司-Ø13=3PCS								
8313-144	固定片 	2PCS									
8280-042	導桿 	2PCS									
23MBP100B	附件包	1SET	HLMBP100B								
23MDCUP	附件包-CUP	1SET	HLMBP100B								
25MBP100B	皮帶輪包	1SET	HLMBP100B								
GMBP100B	螺絲包	1SET	HLMBP100B								
8331-056	L型片 	1SET	1.組立M6X12L 半圓頭內六角螺絲=1PCS 2.組立M6華司-Ø13=1PCS								
8331-058/8331-056 依定單需求 <table><tr><td>MBP-100</td><td>國產0-200S-閃銀</td></tr><tr><td>MBP-100W</td><td>國邦-亮光 白色770-2263TL</td></tr></table>		MBP-100	國產0-200S-閃銀	MBP-100W	國邦-亮光 白色770-2263TL	8313-144 依定單需求 <table><tr><td>MBP-100</td><td>國產0-200S-閃銀 國產KL-0109-透明 二塗二烤</td></tr><tr><td>MBP-100W</td><td>國邦-亮光 白色770-2263TL</td></tr></table>	MBP-100	國產0-200S-閃銀 國產KL-0109-透明 二塗二烤	MBP-100W	國邦-亮光 白色770-2263TL	設變車號 2019030002
MBP-100	國產0-200S-閃銀										
MBP-100W	國邦-亮光 白色770-2263TL										
MBP-100	國產0-200S-閃銀 國產KL-0109-透明 二塗二烤										
MBP-100W	國邦-亮光 白色770-2263TL										

零件代碼	品 名 及 圖 案	用量	備 註				
			設變車號 2019030002				
8311-194	固定片						
K32027G深灰砂		1PCS					
FMBP100C1	2270mm-平面皮帶 	1SET					
			HLMBP100B				
8311-117	固定片						
		2PCS	依定單需求 <table><tr><td>MBP-100</td><td>國產0-200S-閃銀 國產KL-0109-透明 二檢二烤</td></tr><tr><td>MBP-100W</td><td>國邦-亮光 白色770-2263TL</td></tr></table> HLMBP100B	MBP-100	國產0-200S-閃銀 國產KL-0109-透明 二檢二烤	MBP-100W	國邦-亮光 白色770-2263TL
MBP-100	國產0-200S-閃銀 國產KL-0109-透明 二檢二烤						
MBP-100W	國邦-亮光 白色770-2263TL						

零件代碼	品名及圖案	用量	備註	零件代碼	品名及圖案	用量
9121-070	座墊 黑色耐寒乳膠皮 	1PCS		9121-070R	座墊 紅色耐寒乳膠皮 	1PCS
9111-069	背墊 黑色耐寒乳膠皮 	1PCS	設變單號 2010010001	9111-069R	背墊 紅色耐寒乳膠皮 	1PCS

MBP-100 ASSEMBLY INSTRUCTIONS

HARDWARE ILLUSTRATION

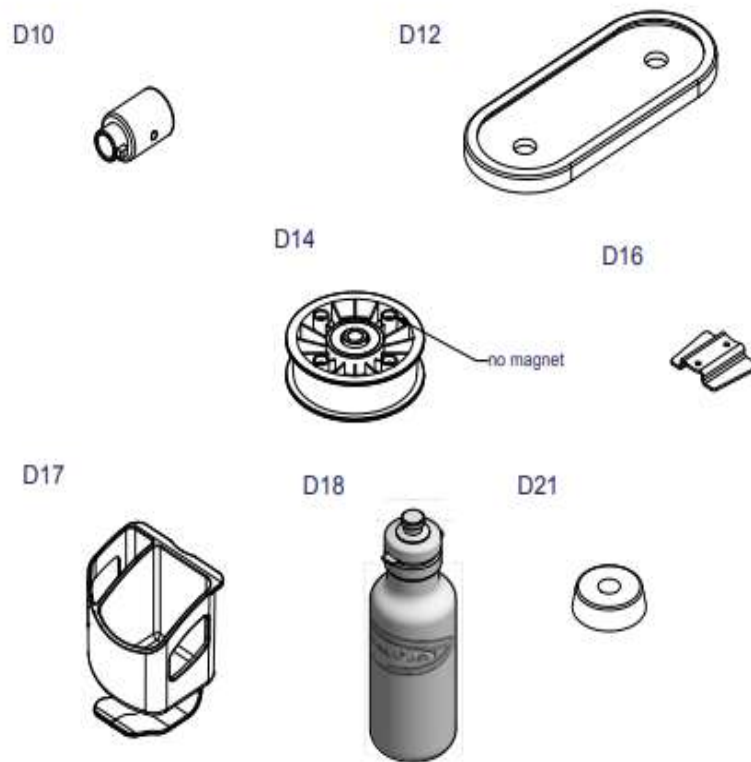
D1.Ø60 CAP COVER(8130-231)	[2PCS]
D2.58X116 END CAP(9211-189)	[1PCS]
D3.40X80 END CAP(9211-113)	[2PCS]
D4.Ø25 NYLON BUSHING(9211-151)	[4PCS]
D5.108X263 RUBBER PAD(9310-075)	[1PCS]
D6.Ø115 PULLEY(9213-042B)	[4PCS]
D7.2780mm BELT(FMBP100A)	[1PCS]
D8.1350mm BELT(FMBP100B)	[1PCS]
D9.EXERCISE CHART (9420-097)	[1PCS]



MBP-100 ASSEMBLY INSTRUCTIONS

FRAME HARDWARE ILLUSTRATION FOR DOOR

D10.3/4" SHAFT COLLAR(9211-147)	[2PCS]
D12.108X263 RUBBER PAD(9310-075)	[2PCS]
D14.Ø115 PULLEY(9213-042B)	[3PCS]
D15.2270mm BELT (FMBP100C1)	[1PCS]
D16.BOTTLE BRACKET(8388-025)	[1PCS]
D17.BOTTLE RACK(9260-320)	[1PCS]
D18.BOTTLE(9260-123)	[1PCS]
D21.Ø2-1/2" RUBBER PAD(9310-010)	[2PCS]

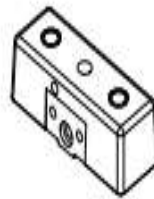


MBP-100 ASSEMBLY INSTRUCTIONS

FRAME HARDWARE ILLUSTRATION FOR DOOR

D22.TOP PLATE(8400-033)-----[1PCS]
 D23.3/4" SHAFT COLLAR(9211-167)-----[2PCS]
 D24.Selector Rod(8210-216C)-----[1PCS]

D22



D23



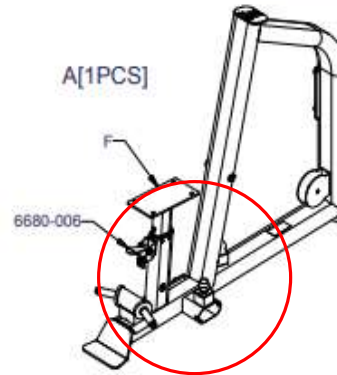
D24



MBP-100 ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

A[1PCS]



B[1PCS]



C[1PCS]



G[2PCS]
6640-009



D1[1PCS]



E1[1PCS]

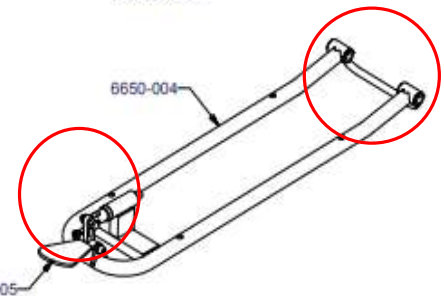


H[2PCS]
6640-010



I[1PCS]
6650-004

6650-004



6680-005

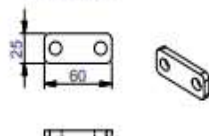
MBP-100 ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

J[2PCS]
8210-155
Ø5/8"X49L

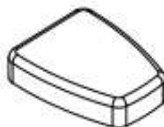
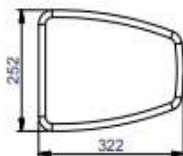
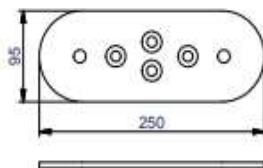
K[1PCS]
8260-069
Ø1/2"X255L

L[4PCS]
8311-117
60X25X6T

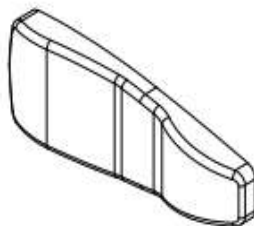
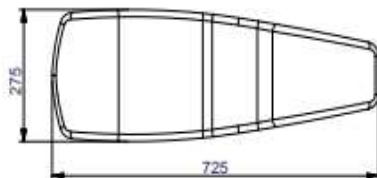


M[1PCS]
8313-144
95X6TX250L

N[1PCS]
9121-070



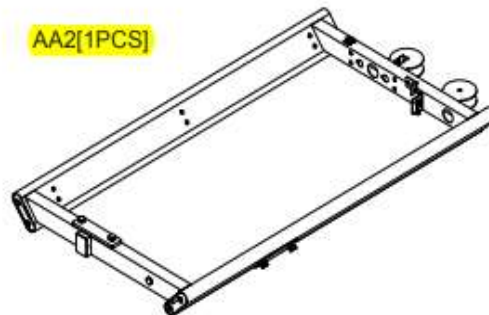
O[1PCS]
9111-069



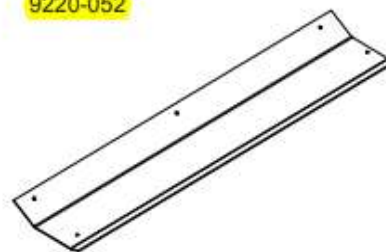
MBP-100 ASSEMBLY INSTRUCTIONS

FRAME PARTS ILLUSTRATION SHEET FOR DOOR

AA2[1PCS]



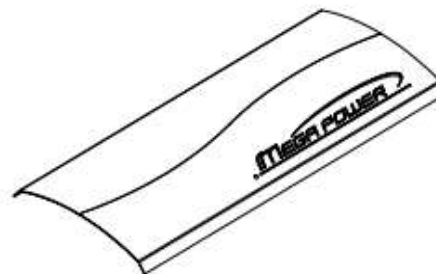
AC2[1PCS]
9220-052



AD1[1PCS]
9220-016



AE[1PCS]
9220-023



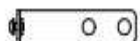
AF[1PCS]
9211-148



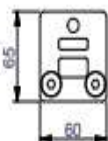
MBP-100 ASSEMBLY INSTRUCTIONS

FRAME PARTS ILLUSTRATION SHEET FOR DOOR

AG[4PCS]
8331-057



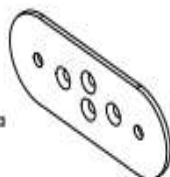
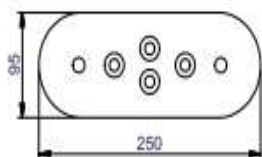
AH[1PCS]
8313-169



AI[3PCS]
8331-058



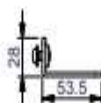
AJ[2PCS]
8313-144



AL2[2PCS]
8280-042
Ø3/4"X1433L



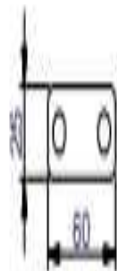
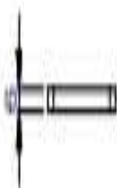
AM[1PCS]
8331-056



MBP-100 ASSEMBLY INSTRUCTIONS

FRAME PARTS ILLUSTRATION SHEET FOR DOOR

AP[2PCS]
8311-117



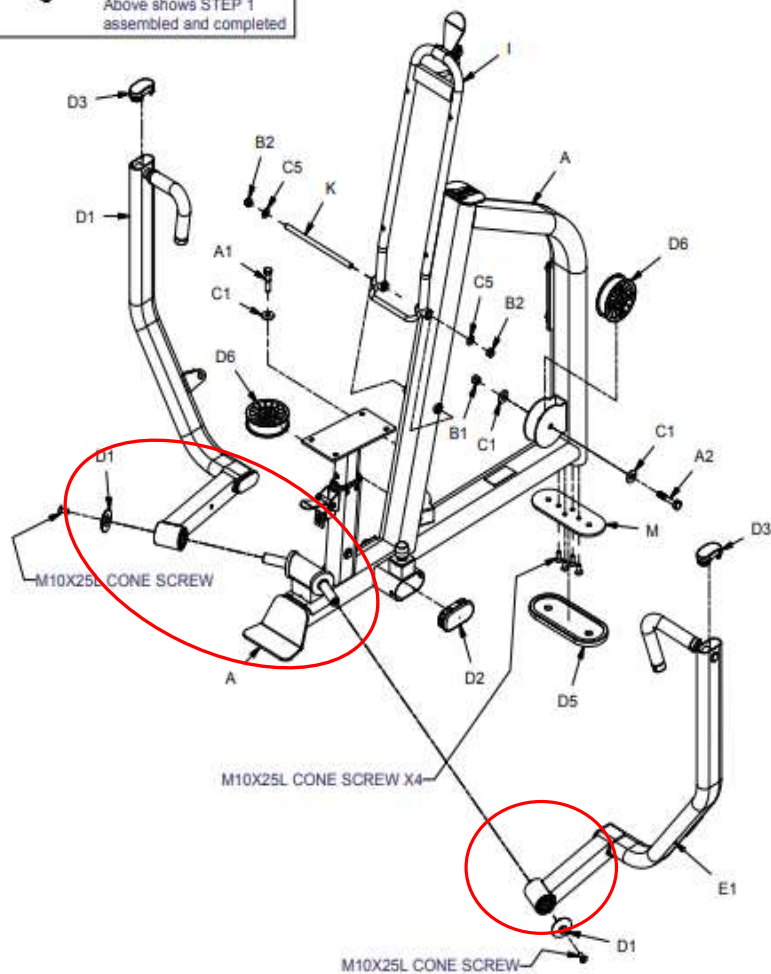
AR[1PCS]
8311-194



MBP-100 ASSEMBLY INSTRUCTIONS



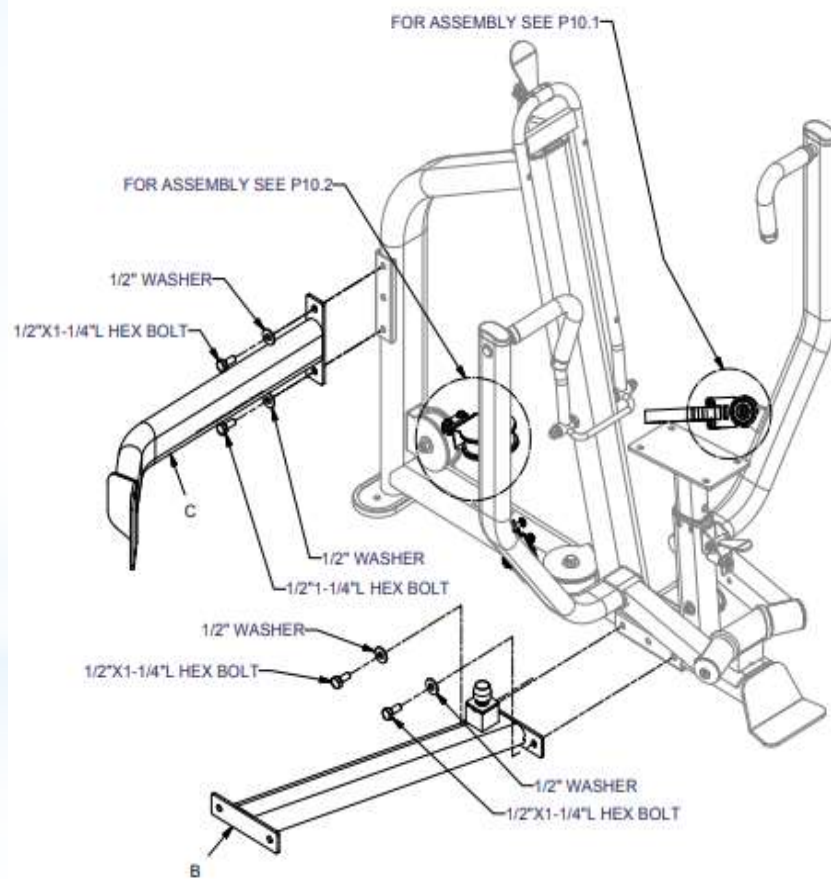
Above shows STEP 1
assembled and completed



MBP-100 ASSEMBLY INSTRUCTIONS



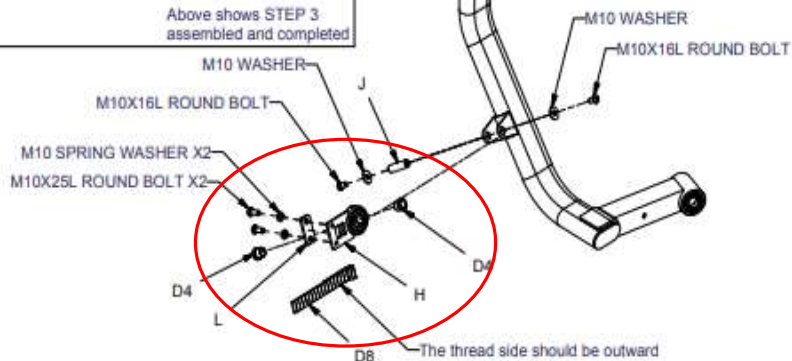
Above shows STEP 2
assembled and completed



MBP-100 ASSEMBLY INSTRUCTIONS



Above shows STEP 3
assembled and completed



Assemble Direction

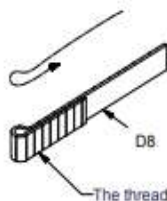


Figure 1

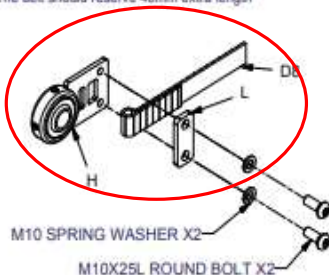
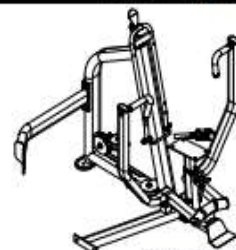


Figure 2

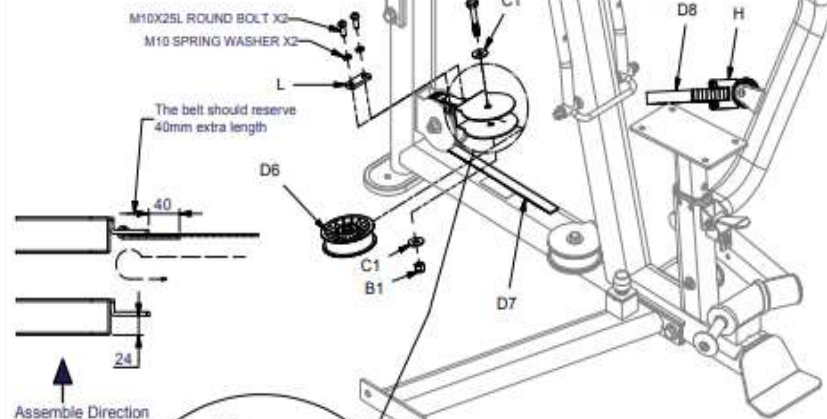
NOTE:

1. THE BELT SMOOTH SIDE SHOULD ATTACH ON PULLEY SURFACE, AND THE BELT SMOOTH SIDE WRAP AROUND THE BELT RETAINER SHAFT (H)
2. PLEASE BE SURE THE PRESSURE BETWEEN THE BELT CLAMPS (L) DO NOT EXCEED 70 PSI

MBP-100 ASSEMBLY INSTRUCTIONS



Above shows STEP 4
assembled and completed



Assemble Direction

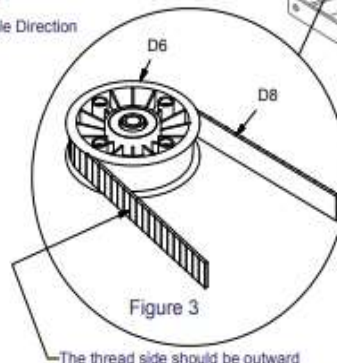


Figure 3

The belt should reserve 40mm extra length

The thread side should be outward

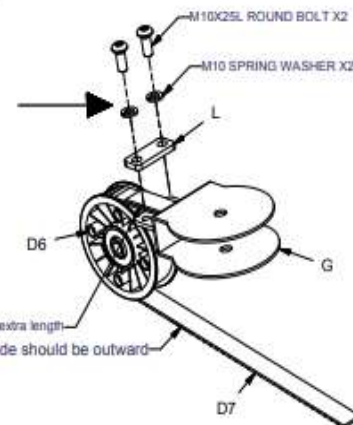


Figure 4

NOTE:

1. THE BELT SMOOTH SIDE SHOULD ATTACH ON PULLEY SURFACE, AND THE BELT SMOOTH SIDE WRAP AROUND THE BELT RETAINER SHAFT (H)
2. PLEASE BE SURE THE PRESSURE BETWEEN THE BELT CLAMPS (L) DO NOT EXCEED 70 PSI

Above shows STEP 5 assembled and completed

Above shows STEP 6 assembled and completed

Above shows STEP 6 assembled and completed

The diagram shows the assembled frame from a side perspective. A red circle highlights the components for Step 7. Callout lines point from the following labels to the corresponding parts in the diagram:

- B3
- C7
- 6640-011
- CU WASHER(8520-008)
- C7
- A5
- CU WASHER(8520-008)
- Ø60 CAP COVER(8130-231)
- M10X25L SOCKER FLAT HEAD SCREW

MBP-100 ASSEMBLY INSTRUCTIONS

NOTE:

1. THE BELT SMOOTH SIDE SHOULD ATTACH ON PULLEY SURFACE, AND THE BELT SMOOTH SIDE WRAP AROUND THE BELT RETAINER SHAFT (H)
2. PLEASE BE SURE THE PRESSURE BETWEEN THE BELT CLAMPS (L) DO NOT EXCEED 70 PSI

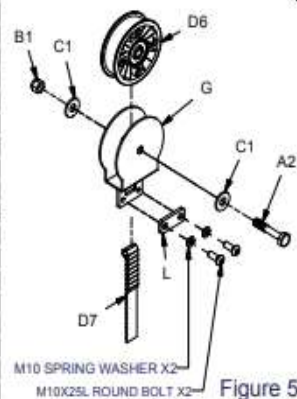
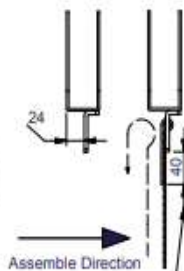
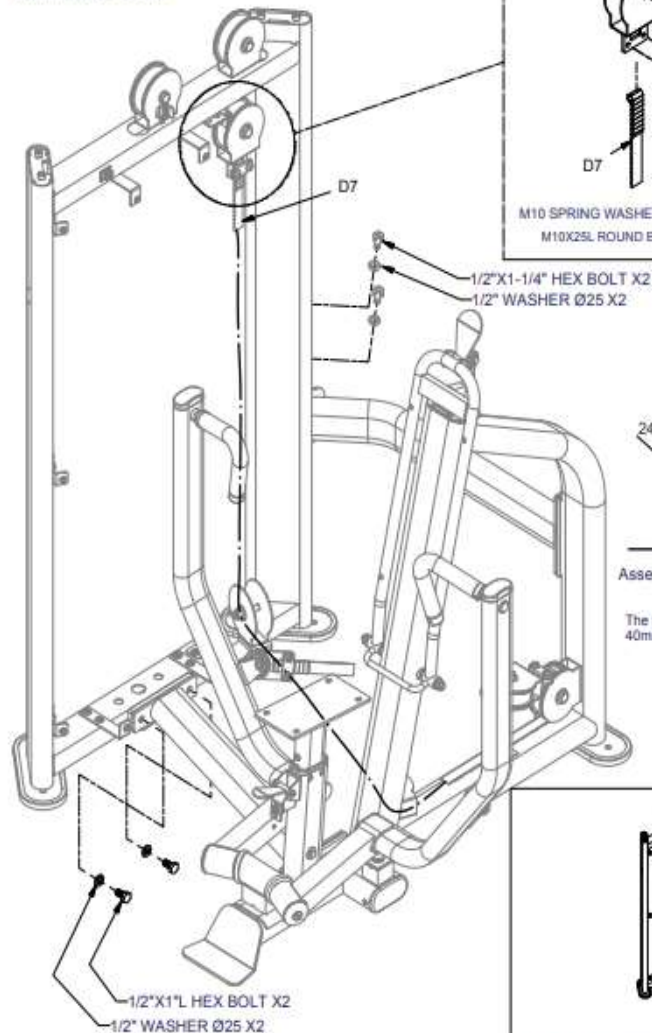


Figure 5



Assembly Direction

The belt should reserve 40mm extra length



Above shows STEP 7 assembled and completed

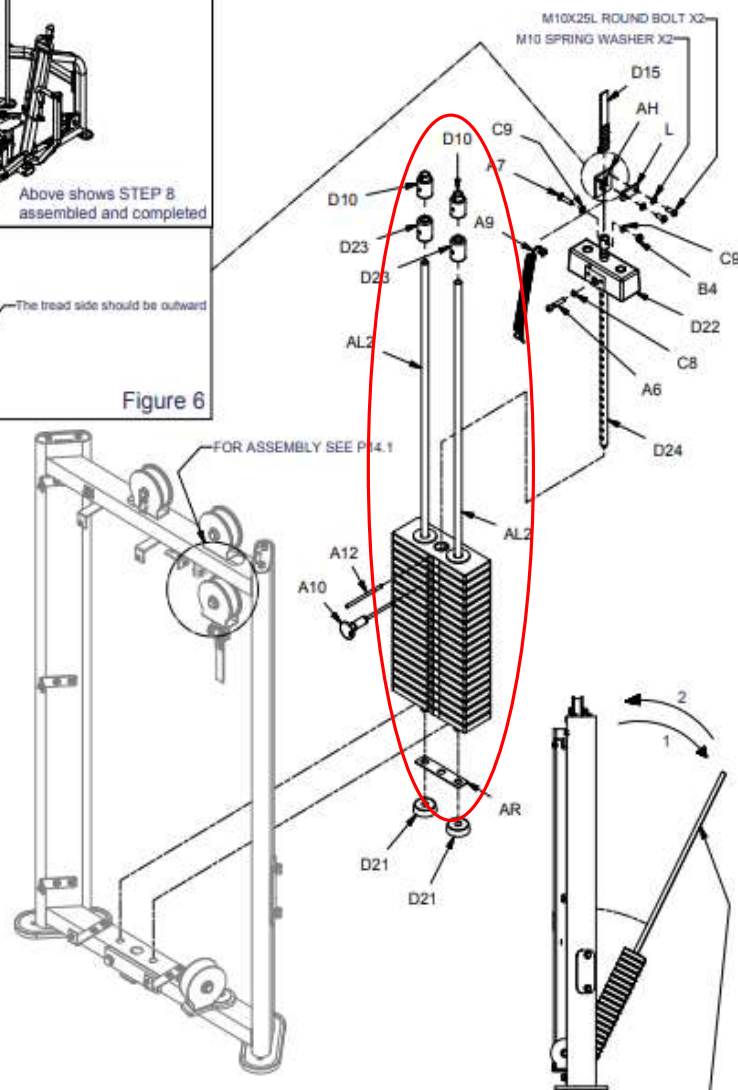
MBP-100 ASSEMBLY INSTRUCTIONS



Above shows STEP 8 assembled and completed

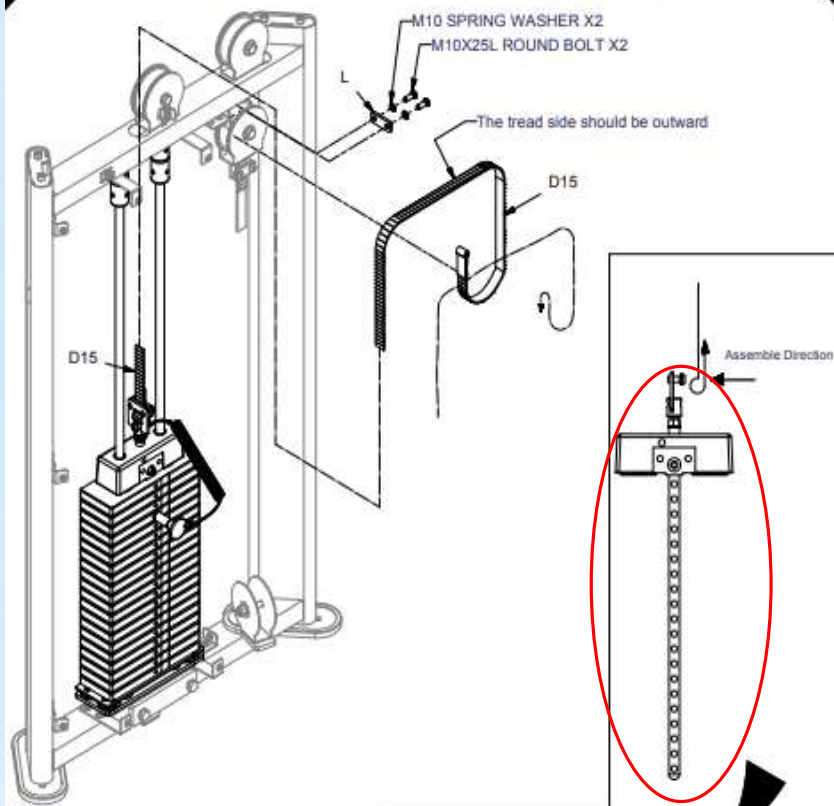


Figure 6



Push guide rods (AL2) to tilt one side and then install weight stacks. Once finishing the weight stack installation, pull guide rods (AL2) back and continue setup D21→D10

MBP-100 ASSEMBLY INSTRUCTIONS



NOTE:

1. THE BELT SMOOTH SIDE SHOULD ATTACH ON PULLEY SURFACE, AND THE BELT SMOOTH SIDE WRAP AROUND THE BELT RETAINER SHAFT (H)
2. PLEASE BE SURE THE PRESSURE BETWEEN THE BELT CLAMPS (L) DO NOT EXCEED 70 PSI

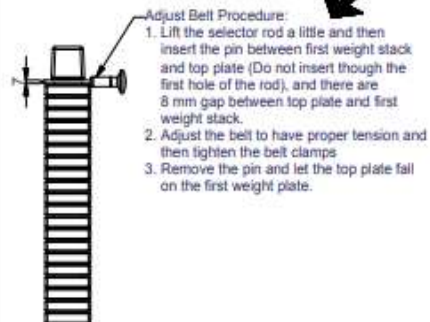
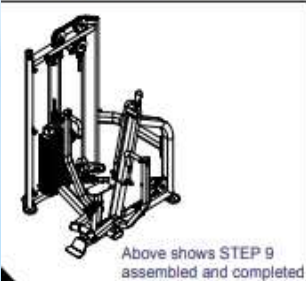
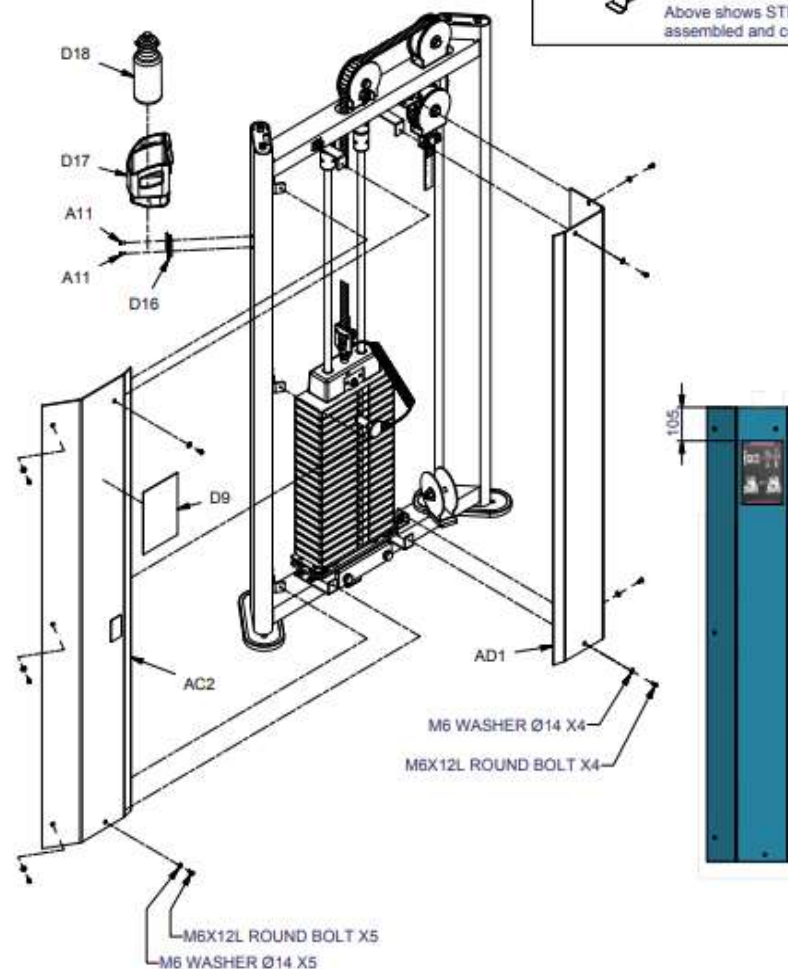


Figure 7

MBP-100 ASSEMBLY INSTRUCTIONS



MBP-100 ASSEMBLY INSTRUCTIONS



Above shows STEP 11
assembled and completed

M10X12L ROUND BOLT X4

AF

AE
EXTRUDING

EXTRUDING

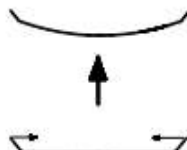
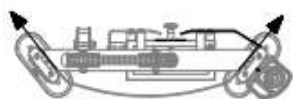


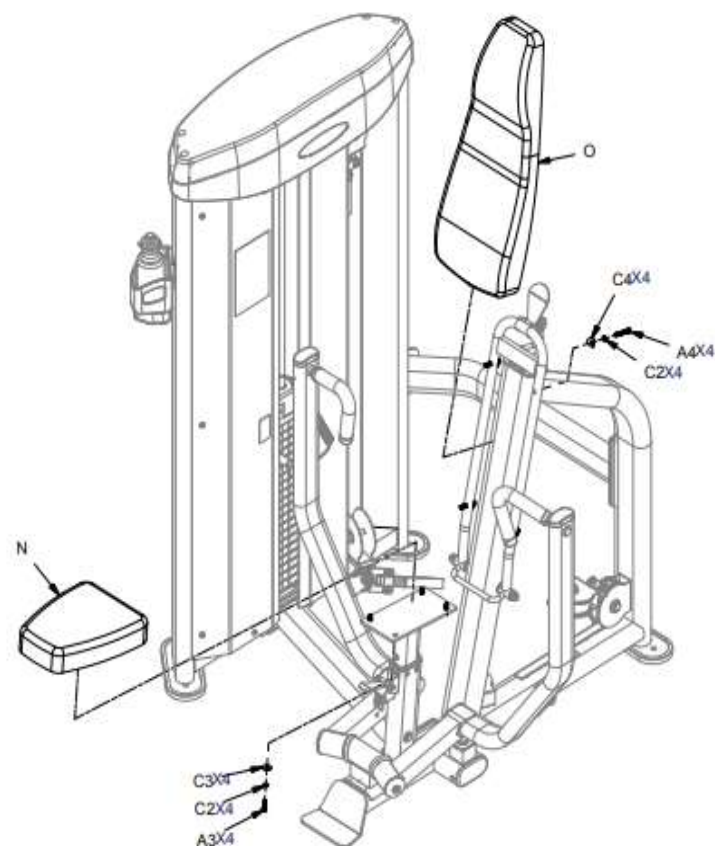
Figure 9

Note: When installing the shroud (AE), push both sides of the shroud toward center in order to bend it a little.
After insert it to the door frame and then releasing it. The shroud will be locked on the door frame.

MBP-100 ASSEMBLY INSTRUCTIONS

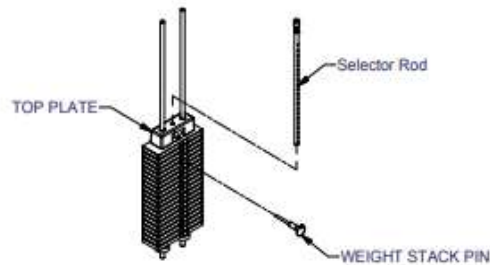


Above shows STEP 12
assembled and completed



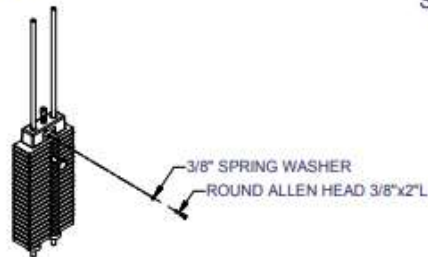
Guide on Selector Rod Adjustment

STEP 1



Step 1
Place Selector Rod into Top Plate.
Then put selector pin into the weight plate to fix the rod.

STEP 2

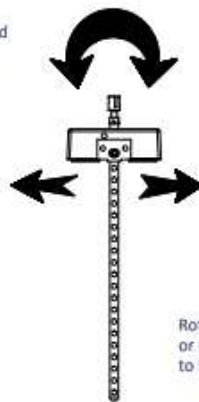


Step 2
Screw the 3/8"x2"L Round Allen Head
into Top Plate but not tighten it up.

STEP 3



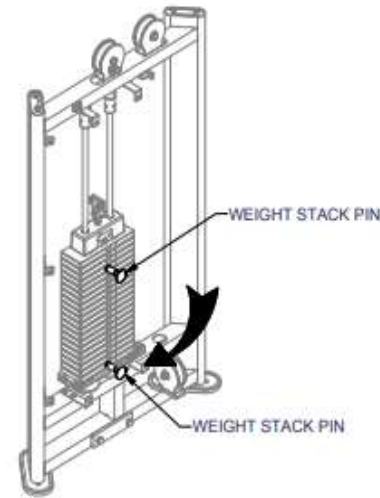
Step 3
Place the selector pin to each weight plate
(5,10,15,20....) to check the smoothness.



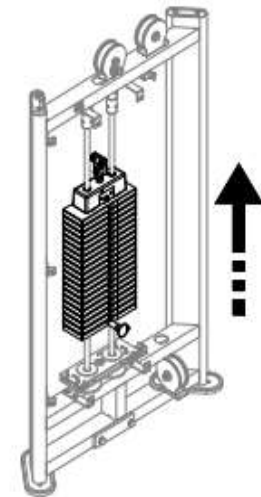
Rotate the Selector Rod slightly
or move the 3/8"x2"L Round Allen Head
to left and right and repeat Step 3.

ASSEMBLY INSTRUCTIONS

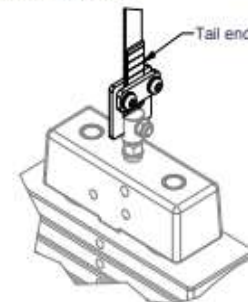
Adjust Flat Belt Steps



1. When installing flat belt, please put
the weight stack pin into 4th weight
stack. After installing flat belt,
please put the weight stack pin into
20th weight stack.



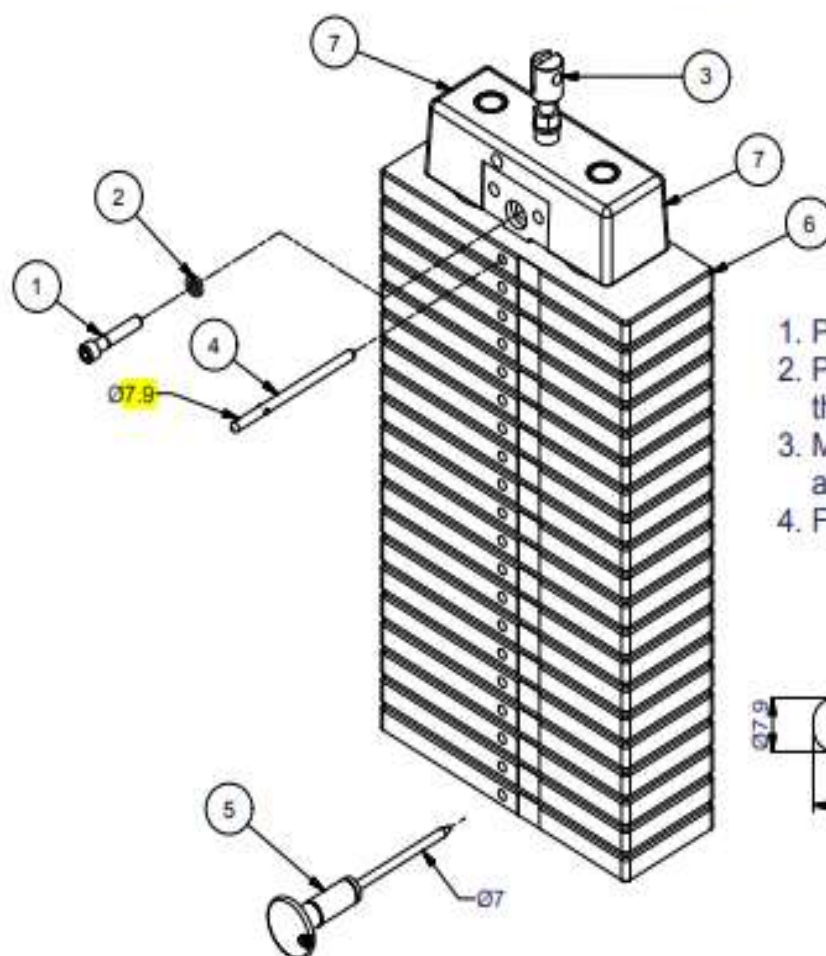
2. When weight stack pin put into 20th weight
stack, please do workout with the machine
around 1 minute or 5-10 sets in order to
extend the flat belt, flat belt will be
loosed a little bit.



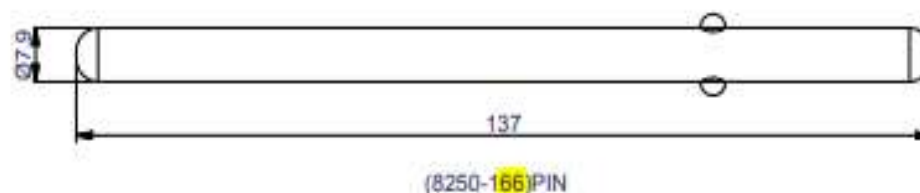
3. Pull end of flat belt as drawing showed
to make the flat belt be tightened.
(After using the machine 3 months to 6
months, please check flat belt. If the
flat belt is loosed, please follow this
step to tighten the belt again.)

MEGA POWER series JUNGLE GYM series

project	Part number	Name	Specification	Quantity	Remark
1	38-200 CAP	round allen head	3/8"X2"L round allen head-CAP	1	
2	38-SPWAS 8732003	3/8" spring washer		1	
3	8210-216C	20 hole Selector Rod		1	
4	8250-166	pin	Ø7.9X137L	1	
5	8250-162	weight stack pin	Ø7X110L	1	
6	8400-010	10LB weight stack plate	102x222x280L 10LB	20	
7	8400-033	top plate		1	



1. Place #4 - 8250-166 (pin) into the first weight plate.
2. Place #5 - 8250-162 (weight stack pin) into the the hole 20th of the weight stack.
3. Make sure #7 (top plate) cling to #6 (first weight plate) and fix in #1 - 3/8"X2"L screw and #2 - 3/8" spring washer.
4. Finally remove #5 - 8250-162 (weight stack pin) and use as usual.



*Well done!

